

## Monitoring after radioactive iodine

Radioactive iodine is effective in reducing thyroid function in 95-98% of cats which have undergone treatment.

### One Month

A fall in T4 is typically seen in about 85% of cats at 1 month. A check of T4, urea and creatinine to monitor progress at this time is recommended. Liver enzymes should also be assessed if they were significantly increased prior to treatment.

### Three and Six Months

A further 10% of cats show a decrease in T4 by 3 months. Following the initial post-I<sub>131</sub> check at 1 month, rechecks are recommended at 3 months and 6 months.

### Ongoing Monitoring

Rechecks of T4, urea and creatinine are recommended at 6 to 12 month intervals depending on how stable the patient is.

